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Beloved children striving so valiantly towards God-Mastery-

Today, I say that within you, My conscious chelas, the Spirit-spark has taken form and becomes a Perfect Being with complete contour and line - a replica of your "I AM" Presence Who lives and dwells in the Fourth Dimension. This little Being begins to grow within the physical body and the pressure of Its Presence expands with Its development.

In the activity of contacting the <u>feeling</u> of Love, for instance, it is possible for any Ascended Master to step into this Holy Christ Flame upon request, and give you the impetus, power and release of His Cosmic feeling which, directed toward any individual or circumstance, becomes the Master control of energy until you have gained confidence in your power to call this Infinite Majestic "I AM" Presence through yourself to regulate outer conditions for you.

Remember that a conscious and constant reminder to set the God-Flame "I AM" into motion is required of the intellectual or personal self, to keep it from claiming authority and power over energies which are bound to cause distress. I decree that this Infinite, Flaming "I AM" Presence may increase. This is the sum and substance of the instruction of <u>harmlessness</u> and selflessness, which is given in the Ceylon Retreat to those who care to apply for membership. Now harmlessness is not a passive but is a positive activity; the very Spirit of God Which abides in all men but which is called forth by too few.

The intellectual self (outer consciousness) of the conscious chela is often aware of the Flame of God, "I AM" which abides in the Heart of the Presence, and it is not held guiltless before life when the Flame of God "I AM" is not employed - just as the knowledge and gifts and powers delegated by The "I AM" Presence to man become an obligation, and their employment is the balance to life for the delegation of these gifts.

As has been explained to you, dear ones, through the Body of Nature comes all the substance to sustain the physical bodies of all life-expressions, including food, clothing and physical bodies mankind wear. In return for Her gifts She receives back into Herself the poisonous excrement of breath and body - and all this with patience even through countless aeons of time.

Beloved children, can you say as much for yourselves? Are you willing to absorb the faults and idiosyncrasies of each other and replace them with the substance of happiness, understanding and love? Try doing this for the matter of a day or a week. (Note - I do not say try doing it for a month, or a year, or an aeon.)

I repeat <u>with emphasis</u> the daily practice of sending forth the Flame of Love towards all Nature and all mankind will so expand the Holy Christ Flame within your hearts that all will feel the radiance of love and light as you pass by.

Love and Blessings,

MAHA CHOHAN.

Friend of Light - We are most happy to bring you the Words and Instruction of the Ascended Masters. We thank you for your interest and your financial assistance in disseminating these helpful messages.

THE BULLETIN SERVICE.

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